



# Vietnam and Cambodia

with cruises on Tonle & Mekong Rivers and  
from Halong Bay to Lan Ha Bay

## October 22 - November 10, 2023

*Join Willy and Cathie on a Vietnam and Cambodia adventure. On our guided tour we'll experience the mystery of Angkor Wat, the history of Phnom Penh, the liveliness of Saigon and colonial charm of Hanoi. We'll cruise on rivers and bays. We'll explore villages, markets, historic temples and learn about the culture and turbulent history of these two fascinating countries.*

### Tour Includes

#### Included in the price:

- Trip coordination and planning services
  - Flights: Phnom Penh to Saigon & Saigon to Hanoi
  - Bus transportation and sightseeing in Siem Reap, Phnom Penh, Saigon now Ho Chi Minh City (HCMC), and Hanoi, with local tour guides
  - Admission to included attractions
  - 17 nights accommodation - 4 nights in Siem Reap, 4 nights on The Jahan ship in either a Superior or Deluxe cabin, 3 nights in HCMC, 3 nights in Hanoi, 1 night in Ninh Binh and 2 nights on La Regina Cruise ship
  - 17 breakfasts, 12 lunches and 15 dinners
  - Included daily excursions while on The Jahan River Cruise and La Regina Grand Cruise
  - Tour Host throughout to provide assistance where needed
  - Assistance with obtaining Vietnam and Cambodian Visas
- Itinerary may change based on local conditions.**

### Cost

#### Price per person in CAD. Double Tour and Cruises including:

The Jahan <b>Superior</b> outside cabin	<b>\$6,355</b>
The Jahan <b>Deluxe</b> outside cabin	<b>\$6,635</b>
Single Supplement	<b>\$3,650</b>

#### Taxes included

#### Not included

**Airfare** - Group flights will be available.  
Airfare rates currently approx. \$1,800.00

**Tips** for main tour guide, local guides, boat operators & cyclo drivers-Allow \$10 usd/day

**Alcohol** and other **personal expenses**.

**Cost of obtaining Visas** - Allow \$160.00

**Transfer to Vancouver** by bus or flight  
**Minimum Group size 16 - Maximum 24**



Ho Chi Minh Mausoleum



In cooperation with:  
Square1 Travel  
449B 5th St  
Courtenay, BC V9N 1J7  
BC Reg Nbr - 3140

**Reserve today! Call 250-339-7628**  
**Email: catcomox@gmail.com**

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**Willy & Cathie's Tours**



## Detailed Itinerary - Vietnam and Cambodia - Page 2

**October 22 - November 10, 2023**

### **Day 1 - Sunday - Oct 22, 2023: Transfer to Vancouver**

Optional transfer from Vancouver Island to Vancouver Airport. Cost extra.

### **Day 2 - Monday - Oct 23, 2023: Early morning flight**

Likely Cathay Pacific or Eva Airlines. Group flights to be confirmed closer to departure date.

### **Day 3 - Tuesday - Oct 24, 2023: Arrival in Siem Reap**

Upon arrival in Siem Reap, we will be met by our guide and transferred to our hotel for check in. This afternoon, we will have an orientation walk to Old Market and Wat Damnak Pagoda. This evening dinner is included at a local restaurant.

**Overnight - Lynnaya Deluxe Bungalow - Siem Reap. Meals - B, D**



Thommanon Temple



Ta Prohm

### **Day 4 - Wednesday - Oct 25, 2023: Angkor Temples Tour**

This morning we set out to The Angkor Complex to first visit the jungle covered temple of TA PROHM. Enormous fig trees and gigantic creepers grow over and through the ruin walls, allowing you to experience the temple with the same wonder as the early explorers who discovered it. Then we continue to ANGKOR THOM, to explore BAYON TEMPLE, one of the few Buddhist temples in Angkor, famous for some 200 striking colossal human faces carved in 54 stone towers. At Baphuon, Phimeanakas at the heart of Angkor Thom we will also visit the impressive ELEPHANT TERRACE and LEPER KING TERRACE. This

afternoon we visit Bantey Srei and Banteay Kdei temple before returning to relax at our hotel and get ready to enjoy a dinner show with an Apsara dance performance.

**Overnight Lynnaya Bungalows - Siem Reap - Meals - B,L,D**

### **Day 5 - Thursday - Oct 26, 2023: Angkor Temples Tour**

This morning we visit the temple of Preah Khan, or "The sacred Sword", Neak Pean Temple ("intertwined snakes"), a small but charming temple that was built in the middle of an artificial lagoon and which was believed



Angkor Wat - World Heritage Site

to be able to cure all kinds of diseases through the waters that flowed through its galleries. To end the morning, we will visit the East Mebon temple, known to have the best preserved elephant sculptures. Free time for lunch (Not included). After lunch we visit the largest Hindu temple in the world: ANGKOR WAT, honoring the Hindu god Vishnu. This large pyramid temple was built between 1113 and 1150 by King Suryavarman II as state temple and capital city. The complex is surrounded by a 570 feet wide moat. It features five trademark

towers and stunning bas reliefs, and has become a symbol of Cambodia. After that, we visit Bakheng Temple, and enjoy a romantic sunset view from Bakheng hill.

**Overnight Lynnaya Bungalows - Siem Reap. Meals - B,D**

### **Day 6 - Friday - Oct 27, 2023: Free day in Siem Reap**

Spend time exploring Siem Reap. You may choose to visit Angkor National Museum, the Central Market, have a drink on Pub Street or just relax at the hotel. Our hotel is centrally located.

**Overnight Lynnaya Bungalows - Siem Reap. Meals - B (Lunch and dinner not included)**



Lynnaya Bungalows - Siem Reap





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### October 22 - November 10, 2023

**Day 7 - 11- Saturday October 28 to Wednesday November 1, 2023**

**Heritage Cruise Line - The Jahan - SERENITY CRUISE**

Siem Reap to Phnom Penh 5 Days – 4 Nights. See the unseen, discover ancient pre-Angkorian temples, enjoy the smiles of the locals of this region and feel immersed with the water landscape of the Ton Le and Mekong Rivers. The Ton Le is a magical River and an important lifeline of the Mighty Mekong during the low water period.

#### **Day 7 - Saturday - Oct 28, 2023: Cruise from Siem Reap on Ton Le River**

This morning we board the Jahan in Siem Reap, providing water levels are high enough (usually to mid November). If water levels are not high enough we will travel by bus to board the ship on the Mekong River.

After arriving at the Siem Reap pier it is a short boat transfer to our ship. Our expert guide will offer a presentation about the "Geography of the Mekong and Ton Le Sap". The boat moors at the Ton Le River. You can join the evening cinema session (offered every night) featuring selected classic movies.

**Overnight - RV Jahan - Meals - B,L,D**

#### **Day 8 - Sunday - Oct 29, 2023: Kampong Chhnang - Kampong Tralach Kampong Cham**

Wake up early to witness the spectacular scenery at dawn. Optional Tai Chi. We visit Kampong Chhnang, Cambodia's "water world", where everything is on sticks balanced on water rich soil. Walking tour at rural village. Our guides introduce the village specialties – Khmer style pottery and the making of palm sugar. After lunch on board we continue towards Kampong Tralach. A Monk's blessing ceremony on board delivers spirits and wishes for health and prosperity for all. In Kampong Tralach we stop at the "Green School" partly supported by Heritage Line. Here we ride an oxcart. Back on board we sail downstream, passing the confluence of the Ton Le and Mekong Rivers.

**Overnight - RV Jahan - Meals - B,L,D**

#### **Day 9 - Monday - Oct 30, 2023: Kampong Cham - Phnom Penh**

After breakfast we stay on board to learn more about the education of the young Cambodian generation (NGO project). The children join us on board, always excited to show their skills in music and art. We leave the boat this morning to visit the enchanting pre-Angkorian temple of Wat Hanchey (7th century). This small complex sits on a hill top right on the shore with breath-taking views on the Mekong. On board, this afternoon we will see a variety of traditional Khmer fashion. After enjoying riverbank life we arrive at the Island of Koh Oknha Tey which is famous for manufacturing high class silk products. By tuk tuk we explore the island with its workshops and learn how silk is processed from its source, little silkworms, to a final top quality Cambodian silk. We continue down the Mekong River to arrive at the pier of Phnom Penh.

**Overnight - RV Jahan - Meals - B,L,D**



The Jahan  
Heritage Cruise

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### October 22 - November 10, 2023

#### Day 10 - Tuesday - Oct 31, 2023: Phnom Penh

We start with a full sight-seeing tour right after breakfast. Included is an optional tour by bus to visit the Killing Fields at the outskirts of the city and then the centrally located prison "S21". Both historic sites display the sad and cruel chapter of Khmer history when the Khmer Rouge ruled the country with terror and suppression. Alternatively, you can explore the city this morning on your own. After lunch we will explore the Royal Palace with its Silver Pagoda and the exceptional Khmer crafts at the National Museum. The day trip ends with a "cycle" taxi ride back to the ship through the bustling streets of downtown Phnom Penh. Our last night on the Jahan will include a barbecue dinner on the sun deck accompanied by an Apsara dance performance.

**Overnight - RV Jahan - Meals - B,L,D**



Royal Palace & Silver Pagoda  
Phnom Penh



Paragon Hotel - HCMC

#### Day 11 - Wednesday - Nov 1, 2023: Phnom Penh to Ho Chi Minh City (HCMC)

After breakfast it's time to bid farewell to the crew of The Jahan. We begin a half-day tour focused on city markets, like Kondal Market, Central Market, and/or the Russian Market. Free time for lunch (Not included.) This afternoon we fly to HCMC. Dinner at a local restaurant. **Overnight - Paragon Hotel – Deluxe room - Meals - B,D**

#### Day 12 - Thursday - Nov 2, 2023: Ho Chi Minh City (HCMC) - Cu Chi tunnels and HCMC city tour

After breakfast, we travel about 35 km to see the network of underground tunnels at Cu Chi, built by the Vietcong during the course of the Vietnam War. You will have an opportunity to get the unique experience of guerillas living and fighting underground during the war. An optional crawl through 50 - 100 meters out of 200 km of the tunnel system is unforgettable. This afternoon we will visit the Reunification Palace previously known as the Independence Palace. We also visit the War Remnants Museum, which primarily contains

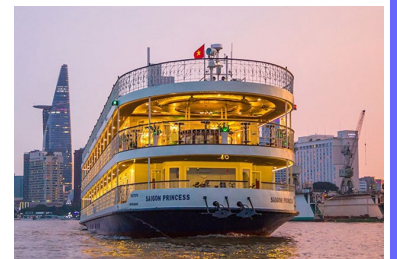


exhibits relating to the American phase of the Vietnam War, and is a major tourist attraction. We will also visit the General Post office and see the Notre-Dame Cathedral Basilica of Saigon. Lunch at a local restaurant. Tonight we enjoy a buffet dinner on the Saigon Princess while cruising on the Saigon River.

**Overnight - Paragon Hotel - HCMC - Meals - B,L,D**



Reunification Palace



Saigon Princess

#### Day 13 - Friday - Nov 3, 2023: HCMC - Mekong Delta

Today we will take a day trip to the watery world of the Mekong Delta. The boat will cruise along the Ham Luong river (a branch of the Mekong) and stop at various local workplaces to give you a picture of how the local economy works, including a brickworks, where bricks are still painstakingly made by hand, a coconut processing workshop, where you can sample fresh coconut and see how every single part of this versatile nut is turned into food and other products and a mat weaving house, where straw mats are woven using a hand loom. The boat will then stop at a quiet village where you can have a short walk to experience real Delta village life, before boarding your xe loi (a kind of motorized rickshaw) to travel into the forest where you can visit fruit orchards before stopping at a riverside restaurant for lunch. Then we board a sampan for a relaxing trip along narrow canals before returning to HCMC for dinner at a local restaurant.



**Overnight - Paragon Hotel - HCMC - Meals - B,L,D**

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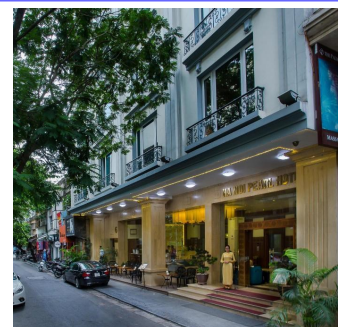
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### October 22 - November 10, 2023

#### Day 14 - Saturday – Nov 4, 2023: HCMC – Flight to Hanoi

After breakfast we have some free time to explore or perhaps do some shopping. Lunch on your own. We will take a short two hour flight to Hanoi. Our afternoon will be at leisure with dinner at a local restaurant.

**Overnight – Pearl hotel – Deluxe room - Hanoi - Meals - B,D**



Pearl Hotel - Hanoi

#### Day 15 - Sunday - Nov 5, 2023: Hanoi – City Tour

A city tour will take you to Ba Dinh Square, where President Ho declared Vietnam's Independence from France, to see the outside of the Ho Chi Minh Mausoleum. We will also visit the Presidential palace, Ho Chi Minh house on stilts and Chua Mot Cot - the One-Pillar pagoda. Lunch will be at local restaurant. This afternoon, we visit Van Mieu - Hanoi's oldest school, built in 1070. Then we visit Hoa Lo - formerly a prison built by the French and then used for detaining US airmen captured by the Vietnamese. We will take a trishaw tour around bustling Old quarter before enjoying a water puppet show.



Hanoi Presidential Palace

**Overnight – Pearl hotel - Deluxe room - Hanoi - Meals - B,L,D**



#### Day 16 – Monday - November 6, 2023: Hanoi – Ninh Binh

This morning we embark on a 2 hour drive south to Ninh Binh. We will visit Trang An, a UNESCO World Heritage site known for its outstanding natural beauty and the scenic karst formations which is why it is referred to as “Halong Bay on land.” We will take a rowboat trip which meanders down a peaceful river through towering limestone mountains and passes through a series of caves. This afternoon we have 2 options to choose from:

**Option 1:** Visit Mua cave complex. This involves taking 400 steps to the top of a mountain where you can take in wonderful views of Tam Coc and the surrounding karst landscape.

**Option 2:** We go to Hoa Lu, the ancient capital of Vietnam under the Dinh and Le dynasties dating back to the 10th - 11th century. Here we visit two temples dedicated to kings of the dynasties.

**Overnight – Hidden Charm Hotel – Ninh Binh - Meals - B,L,D**

#### DAY 17 - Tuesday - November 7, 2023: Ninh Binh - Ha Long Bay - Lan Ha Bay

The itinerary below could change depending on weather conditions. This morning our 3 hour bus journey takes us through scenic countryside of Red River Delta featuring rice fields and peaceful villages. On arrival in Ha Long Bay we transfer by speed boat to La Regina Grand Cruise Ship. Our ship boasts a total of 27 spacious suite cabins with floor-to-ceiling windows and private balconies that offer spectacular panorama views of Lan Ha Bay. After our welcome drink the Cruise Manager gives us a cruise orientation briefing covering activities and on board safety. While cruising to



La Regina Grand Cruise Ship



La Regina Grand Cruise Cabin

Lan Ha Bay, we have lunch in Ha Long Restaurant on board while passing Chan Voi (Elephant Feet) and the Tra Bau area. This afternoon, activity options include a bamboo boat excursion, or kayaking to discover the pristine and tranquil beauty of the Dark and Light Cave After sunset cocktails we will have a candlelight BBQ dinner on the sundeck.

**Overnight - Le Regina Grand cruise - Lan Ha Bay - Meals - B,L,D**

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### October 22 - November 10, 2023

#### DAY 18 - Wednesday - November 8, 2023: Lan Ha Bay - Cat Ba Island

After an optional Tai chi session on the sundeck and breakfast we take a tender to visit Viet Hai Village. From the pier you can either ride a bike or be transferred by electric cart. After the ride or transfer back to Viet Hai Pier we go to Ba Trai Dao beach for lunch and kayaking and swimming options. We return to La Regina Grand cruise ship mid afternoon.

**Overnight - Le Regina Grand cruise - Lan Ha Bay - Meals - B,L,D**

#### DAY 19 - Thursday - November 9, 2023: Lan Ha Bay - Cat Ba Island Ha Long Bay - Hanoi

This morning after a light breakfast we will transfer to the La Regina Day Cruise and continue to the ancient fishing village of Cai Beo. We travel by bus through lush green jungle to visit the hospital cave relic Quan Y. This hospital was built and used during the Vietnamese American war. It's strategic location provided a hiding place for communists as it cannot be seen from the ground or the air and was bomb proof.

After returning to our ship for a quick shower and buffet brunch we say farewell to cruise staff and make our way by speed boat to Tuan Chau Marina in Halong Bay. Our bus takes us back to Hanoi where we will have time to explore our Old Quarter location and perhaps do a little shopping.

**Overnight – Pearl hotel - Deluxe room - Hanoi - Meals - B,L (dinner on our own)**

#### DAY 20 - Friday - November 10, 2023 - Hanoi departure

Our tour ends after some morning free time and transfer to the airport for our departure flight. Meals - B



Transfer by bike or electric cart  
Viet Hai Village



Ba Trai Dao beach



Hospital Cave - Cat Ba Island



Karch landscape near Halong Bay

**Tourist Visa for Vietnam and Cambodia** - Assistance through our Vietnam Tour Operator is available to obtain group or individual visas for Vietnam and Cambodia. Visas will be arranged closer to departure. Cost is extra.

#### Terms and Conditions:

**Payment** - Non refundable deposit of \$500.00 due at time of booking. Payment by cash or cheque (payable to Square 1 Travel) or credit card (Visa & MasterCard only). A second deposit of \$1000.00 is due by May 15, 2023. Final payment due by July 31, 2023.

**Cancellation Penalties** - From booking date to May 15, 2023 - \$500 non-refundable. On May 16, 2019 an additional \$1000 is non-refundable. After July 31, 2023 the trip is 100% non refundable.

**Insurance** - We recommend that you purchase travel insurance. Please contact Willy van Kemenade for a quote at 250-339-7628.

**Name changes** are permitted for a fee of \$100 per person plus any supplier fees, only if there is a waiting list.

**Possible rate changes** - Rates could change depending on exchange rate fluctuations between the US and Canadian Dollar. Current rate 1.37 CAD = 1.00 USD.

**Responsibility:** Square 1 Travel is a vacation organizer only and cannot accept responsibility for any loss, damage or physical or personal injury of any nature resulting from delays, suppliers, Acts of God or any other force majeure.

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