LADIES’ WALKING TOUR OF PORTUGAL

03 - 13 MARCH, 2019 (Land arrangements in Portugal)

With optional extended 1 & 2-week beach stay in Sunny Algarve

Includes:

- Fully escorted by Terri Brophy, President – Terri’s Travel & Cruise Centre
- Meet & Greet service upon arrival in Lisbon
- Motor-coach transfers airport/hotel in Lisbon/Cascais and hotel/airport in Vilamoura/Faro
- 10 nights’ accommodations as described (or similar), based on twin occupancy
- All ground transportation as described in the itinerary by an air-conditioned motor-coach
- Services of professional English speaking guides where applicable and shown in the itinerary
- Meals as described by B, L, D
- All dinners as mentioned include a 3 course fixed-menu with 1 glass of wine, mineral water and coffee
- A knowledgeable English speaking Walking Escort during all walks as described in the itinerary
- Pre-packed picnic lunches during walks
- Applicable entrance fees to sites visited unless otherwise mentioned
- Services of our local representative offices in Portugal

$3,889* LAND ARRANGEMENTS ONLY 03-13March, 2019

*per person sharing twin/double occupancy rooms

Single Room Supplement $1,039

*Airfares and related taxes additional. Contact Terri’s Travel for group airfare to Portugal.
DAY – BY – DAY

Sunday, 03 March. Arrive in Lisbon. Upon arrival we will be met and transferred to Cascais, a coastal resort town, west of Lisbon. We will check-in at Pousada Cascais, our home for the next two nights. Morning and afternoon at leisure. At 5:00 p.m. we will enjoy a panorama tour of Lisbon, followed by our Welcome Dinner in a Fado Restaurant. With origins dating back to early 1800’s in Portugal, Fado music is known for its expressive and profoundly melancholic nature. After a great evening, we return to our Pousada in Cascais. D.

Monday, 04 March. Walking in Sintra (6 hours). An early breakfast and we depart at 8:00 a.m. for Sintra to begin our first walk. Leaving the Convent of Santa Cruz of Capuchos, our climb takes us to Monge (elevation 1,600 ft.) for spectacular views towards the south. Afterwards we will walk to the small church of Saint Saturnino in Peninha, to admire the magnificent view of the coastline from Quincho to Cabo Espichel. We’ll walk around the west part of the mountain, entering a luxuriant green belt, then continue northwards through large walking trails leading us into the Urca valley. Walking across this valley, we return to Convent of Saint Cruz of Capuchos. This medium to low level of walking will be accompanied by a local walking guide and a picnic lunch is also included. At the end of our walk, we are transferred to Sintra Village for a guided walking tour of Sintra. We’ll return to our Pousada hotel by 6:00 p.m. Dinner and overnight is at the Pousada. B, Snacks, D.

Tuesday, 05 March. Full Day Tour Fatima & Lisbon ending at Hotel Lisboa Plaza (Lisbon). Early breakfast and check-out. At 8:00 a.m. we will depart for Fatima for a guided sightseeing Tour. Lunch at a local restaurant in Fatima included. Following lunch we depart for Lisbon to enjoy a guided sightseeing tour, ending at around 18h00 at Hotel Lisboa Plaza. Check-in and refresh before our dinner, pre-reserved at a nearby local restaurant. Overnight at Hotel Lisboa Plaza, Lisbon. B, L, D.

Wednesday, 06 March. Lisbon – Porto. After breakfast and check-out we depart for Porto. En-route we will have a brief guided visit in Coimbra and lunch in a local restaurant. Proceeding to Porto, we’ll check in at Hotel Pestana Vintage Porto. Check-in, time to relax and enjoy dinner, included in a local Restaurant in Porto. The restaurant is walking distance from our Hotel. Overnight at Hotel Pestana Vintage Porto. B, L, D.

Thursday, 07 March. Walking in North Area. Early breakfast and departure to our walk starting point were we meet our local walking guide. Our trail will be the Portuguese Coastal Camino de Santiago from Lavra to Vila do Conde (13Km). Wooden boardwalks and pavements will lead us along the coastline via a series of wide sandy beaches, nature reserves and fishing villages to the coastal village of Vila Chã. Lunch at the end of the walk is followed by transfer to Porto where we take a guided walking tour of this historic city. Also a visit to the Igreja de São Francisco housing one of Portugal’s most dazzling displays of baroque finery. The locals say that if you were to see only one church in Porto, make it this one! Today’s dinner is on our own. Overnight at Hotel Pestana Vintage Porto. B, L.

Friday, 08 March. Porto – Duoro. A leisurely breakfast, check-out and departure for the Duoro Region to reach Lamego area. Late afternoon arrival in the Lamego area where we’ll check in at Hotel Vila Gale Douro for a 3-night stay. Tonight’s dinner is at our hotel. B, D.

Saturday, 09 March. Walking in Douro Area. After an early breakfast we’ll depart for our walk – a circular walk via São Mamede da Ribatua (15 km). Today’s walk is a circular route from Alijó that undulates through an ever-changing patchwork of vineyards and fields towards the ancient village of São Mamede da Ribatua with spectacular views of the surrounding rock-strewn mountains. We are accompanied by our local walking guide and also are provided picnic lunch with drinks. There will be a 1-hour boat trip as well. Returning to our hotel around 6:00 p.m. we’ll have some time to relax and later enjoy dinner at the hotel. B, Picnic Lunch, D.

Sunday, 10 March. Walking in Douro Area. After early breakfast, we’ll begin our 17 km. walk from the outskirts of Favaios, through open countryside and along a ridge that offers spectacular views across the terraced slopes and villages of the Pinhão Valley. We’ll cross Casal de Loivos en-route to the other side of the hill, through vineyards, to the village of Pinhão. Before reaching the river, we have a picnic lunch in a wine estate and then continue on to the last winery on this route, for a tour of the cellars and another celebratory tasting session overlooking the river. Returning to our hotel around 6:00 p.m. we’ll have some time to relax and later enjoy dinner at the hotel. B, Picnic Lunch, D.

Monday, 11 March. Duoro – Evora. Early breakfast and check-out. Depart by 10:00 a.m. for Evora, a 5-hour drive of stunning beauty and superb scenery as you cross the lush valley over mountain passes. Lunch is on own as we will make a stop enroute. On arrival in Evora, we’ll check-in at Hotel M’ar de Ar Aqueduto. Tonight’s dinner is at our Hotel. Overnight at Hotel M’ar de Ar Aqueduto. B, D.

Tuesday, 12 March. Evora – Algarve. A leisurely breakfast and check-out we depart for Vilamoura in the Algarve region, known for its large marina, golf course, casino, and for sandy Vilamoura Beach. Upon arrival, check-in at our hotel and the rest of the day is at leisure to enjoy the beach! Our ‘Farewell Dinner’ will be at a selected local Restaurant in Vilamoura. Overnight stay Hotel Crowne Plaza Vilamoura. B, D.

Wednesday, 13 March. Departure. A private motor-coach transfer to Faro Airport for you return flight to Toronto. If extending your stay, you will be dropped off at the Forte Do Vale Apartments. Following your extended stay, we can pre-arrange for your final airport transfer.

EXTEND YOUR STAY IN THE ALGARVE IN PORTUGAL (OPTIONAL):
Enjoy an extra week or two in sunny Algarve. We suggest one-bedroom apartments in the 5*Forte Do Vale, located in the Algarve just 5 minutes from some of the best beaches. Ask us for details.
7-night stay: $349* per person sharing 1-bedroom apartment
14 night stay: $698* per person sharing 1-bedroom apartment
Transfers Hotel/Faro Airport extra.

NOT Included: International airfares and related taxes, Lisbon & Cascais City tax: 1€ per day, per person, paid locally at the hotels, Porto City tax: 2€ per day, per person, paid locally at the hotel, meals not mentioned in the itinerary, baggage handling at hotels (porterage), items of a personal nature e.g., telephone/internet usage, laundry, room-service, etc., tips & gratuities, travel & medical insurance coverage.