

This 14-day journey through Calabria will introduce you to the region's diverse culinary history while showcasing the area's lush mountains and sparkling seas.

The tour promotes the Culture, Gastronomy, History, Music, and Nature. Authentic Calabria combines in-depth cultural visits to Greek Settlements, Majestic Baroque towns together with culinary experiences, visits to vineyards with wine tastings, and much more. Experience the Mountains by trekking in nature or touch and swim in the crystalline waters of the Calabrian Coastline.

The interactive tour involves hands-on experiences plus unique custom daily excursions led by local guides, who are archeologists, art historians, food and wine producers, chefs, who show passion and pride for their Calabria.

What to expect:

- 1. Discover the most authentic Calabria with the freedom to explore and relaxed transportation on an acclimatized motor-coach
- 2. A hands-on culinary experience to learn and taste the best Calabrian gastronomy, a unique composition of customs and fusions stratified over 3000 years from the Greeks to the Romans and from Normans to the Spanish. In the spirit of a Millenary tradition experience, the preparation of dishes comes down to the true custodians of Calabrian mothers and grandmothers.

- 3. Cultural sightseeing in most charming Greek and Baroque towns in Calabria. Cosenza, Diamante, Amantea, Pizzo, Tropea, Eolian Islands, Scilla, Reggio Calabria Mammola, Stilo, Serra San Bruno, Catanzaro, Crotone, Sibari and many more.
- 4. Experience sparkling beaches view live Volcano and mini-cruise to remote Eolian Islands
- Meet locals from dairy farmers to winemakers, from artisan to chocolate maker, from politician to entrepreneurs, our local experiences will uncover the deepest parts of Calabria by its people and fables.

Inclusion summary:

- 1. A non-Stop flight from Toronto to Lamezia, Calabria
- 2. All transportation
- 3. 4star accommodation with breakfast daily
- 4. All meals in local establishments... agriturismos, wineries, or unique local eateries.
- 5. Excursions with local expert guides
- 6. Winery visits and tasting
- 7. Visit food producers, manufacturers, and local artisans
- 8. Hands-on cooking experiences
- 9. Visit towns with Norman, Greek, and Albanian influence

Come and experience the hidden jewel of Italy with

P & G Travel

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