



By Volare

Calabria 2019 A STEP INTO ANTIQUITY

Day 1 - Sept 11: DEPARTURE FROM CANADA

Day 2 - Sept 12: ARRIVAL CALABRIA

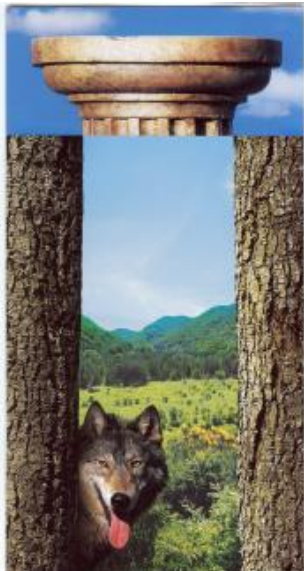
You will arrive at Lamezia Terme Airport where you will be met by the Volare team, your Calabria travel host. You will drive north approximately 40 minutes to your hotel in Cosenza. After settling in and relaxing for a few hours, the group will meet at 6pm for a briefing and introduction to the coming week activities. Tonight, enjoy and feast on a traditional Calabrese dinner. Overnight in Cosenza. (D)



Note: Cosenza is the largest city in Calabria. Home to an illustrious university and many fine aristocratic buildings, it has the somewhat sleepy air of a friendly provincial capital, and it also makes a fine starting point for a trip to La Sila, one of Europe's great forest wonderlands.

Day 3 - Sept 13: COSENZA

You'll have breakfast at the hotel, then will set out to explore Cosenza a pretty town where you can lose yourself among narrow alleys, steep stairways and medieval squares. Visit the historic central piazzas where you will find a huge statue of the philosopher Bernardino Telesio surrounded by impressive architecture. Admire the baroque exterior and interior of the exquisite Teatro Rendano and the Romanesque façade of the 12th century cathedral which houses beautiful frescos and the sepulcher of Isabel of Aragon within, plus a nice place to do some shopping. Lunch at a typical Calabrese restaurant. Dinner and overnight in Cosenza (B, L, D)



Day 4 - Sept 14: LA SILA

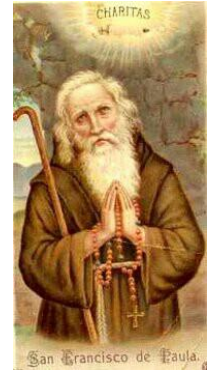
You'll have breakfast at the hotel, then will set out to explore the Green Heart of Calabria, "LA SILA" region, a zone, with its rugged and wild, yet pristine side, charms visitors with its quaint and welcoming villages. After exploring and learning about this enchanted place the day will be followed by a typical Calabrese lunch feast with complete homemade Calabrian specialties and local wine. After a



leisurely lunch feast, the group will head back to Cosenza enjoying the drive admiring the vistas and countryside. Dinner at 8:30pm. Overnight in Cosenza. (B, L, D)

Day 5 - Sept 15: DIAMANTE & PAOLA

After breakfast, you will set out to discover Diamante and Paola. Diamante is known as the Pearl of the Tyrrhenian, famous for its murals and peperoncini (chili peppers). There you will explore the historical centre and walk among the hand painted murals, visit la Chiesa dell'Immacolata Concenzione, Lungomare Vecchjo Ruderj di Cirella, Botteghe (shops) del peperoncino and del cedro. You'll have a full Calabrese lunch in a restaurant in Diamante before continuing the tour to the city of Paola.



Guided tour of the Sanctuary of San Francisco di Paola visiting the Basilica, the new Church, La zona dei Miracoli, L'antico Romitorio e il Chiostro. After visiting Paola, the group will have a leisurely drive back to Cosenza. Dinner at 8:30pm. Overnight in Cosenza. (B, L, D)

Day 6 - Sept 16: PIZZO & TROPEA

You will have breakfast at the hotel, then leave Cosenza and will head out to explore Pizzo and Tropea. Among the Calabrian coastal areas, COSTA DEGLI DEI (Coast of the Gods) or also known as LA BELLA COSTA (the Beautiful Coast) is the most known and recognized with the area of Tropea and Capo Veticano. The first stop is Pizzo. The group will visit the historic centre, the Piazza della Repubblica and sample the famous Tartufo (Truffle Ice cream), the Castello (Castle) Argonese, and the church of PIEIGROTTA, excavated entirely in the tuff rock. Lunch in Pizzo or Tropea (not included).

Afterwards continue to Tropea to visit its historic centre and typical narrow streets, old squares (Piazza Belvedere) e plus a visit to Santa Maria dell'Isola Church. The group will have time to stroll the market and shops. Check in at your hotel for the next few nights Dinner and overnight stay in hotel Costa Degli Dei (B, D)



Day 7 - Sept 17: AMANTEA

You'll have breakfast at the hotel. This morning our journey takes to the seaside town of Amantea a village on the Tyrrhenian coast, offers diversity and attractions from churches to the historical center, old alleys in addition has the most beautiful sunsets from the Stromboli background.

In the morning on arrival walk along the promenade, meet and encounter local fishermen, visit various local foods processing plants or stores and have the opportunity to sample some of the seafood and fig products. Before lunch a visit to local artist studios to view local talent and the arts. Lunch will be at a local establishment complementing local Amanteani dishes and products. After relax and stroll for a while in a local park called Parco Della Grotta. In the afternoon visit and explore the historical quarters of the town stopping at San Francesco Church plus the Convent of San Bernardino of Siena, the Cathedral of Amantea, The Palace of the Poor Clares and The Castle. On the way back stop for dinner at PEDRITO's place a local Amanteano with a visit to his "IL VASO COLMO" a locale dating back to 1600 and sample typical Amantean snacks with wine tasting. And to end the night dinner will be dishes based on old seafood recipes accompanied with local Calabrian wines. After dinner before returning to the Hotel, have the opportunity to see Amantea by night from the various terraces. Return to hotel (B, L,D)



Day 8 - Sept 18: REGGIO CALABRIA & SCILLA

Breakfast at the hotel. This morning visit Reggio Calabria and enjoy a city tour, visit the National Museum that houses the famous Bronzes of Riace, two Greek bronze statues dating back to the 5th century BC and the Duomo. Free time to shop or enjoy a walk on the promenade overlooking Sicily and the Strait of Messina, known as "the most beautiful kilometer of the Italian Peninsula". Continue to the town of Scilla facing Charybdis (*today called Ganzirri*). Admire its Medieval Castle (Castello Rufo) that lies on a dominating position upon the Strait of Messina and its picturesque fisherman's district called "CHIANALEA" where houses are built right at the edge of the coastline and the Chiesa di San Rocco. Lunch in Scilla. Return to HOTEL, dinner and overnight. (B, L, D)

Day 9 - Sept 19: MINI CRUISE - AEOLIAN ISLANDS

The wonders of the Mediterranean between nature and history You will explore and visit the 3 islands Vulcano, Lipari and Stromboli. A very early morning departure to Tropea to embark for the wonderful Aeolian islands, which owe their name to the lord of the winds, Aeolus. Seven islands white, crystalline waters, history, traditions and nightlife allows you to spend a short but intense journey to discover the evocative rich lands so close, yet so different from each other. Upon the return and docking in Tropea it will be late in the evening around 7:30pm. Dinner in Tropea area. Return to HOTEL for overnight. (B,D)

Day 10 to 16 - Sept 20-26: COSTA DEGLI DEI – Garden Resort
Breakfast at the hotel. End of tour

Today begins your second part of your vacation. You have the option of

OPTION 1:

End tour. Option to go to visit friends and relatives OR add an extension to your trip. Ask your travel professional for suggestions or options from our list of extension programs.

OPTION 2:

Stay at the hotel in COSTA DEGLI DEI at the Garden Resort and enjoy the beach for the next 6 nights on a full board basis before the group heads back to Canada. (B, L, D)



The tour to include the following:

OPTION 1

- Meet and greet at Lamezia Airport
- Transfers from Lamezia (SUF) to Cosenza hotel
- Briefing at the hotel before dinner
- 4 nights in Cosenza/Rende – 4-star hotel – half board (B, D)
- 4 nights in Costa Degli Dei– 4-star full board (B, L & D)
- 5 lunches at a local restaurant (day 3, 4, 5, 6 & 7)
- Deluxe Coach for the whole duration of the tour
- Tour guides (English & Italian)
- Sightseeing & Entrance fees where applicable as per itinerary



OPTION 2:

From Day 10 – 16 (6 nights)

- 6 nights in Costa Degli Dei– 4-star hotel
- COSTA DEGLI DEI - full board basis (3 meals, snacks and beverages)
- Beach services
- Transfer to Lamezia Airport (day 16)

COST – FLIGHT FROM TORONTO TO LAMEZIA + TOUR

Option 1: 8 nights tour – no extension

Departure Date: per person on a double basis

Sep 11, 2019
2999.00

Add taxes \$654.86 per person
Single supplement add - \$398.00

OPTION 2: 8 nights tour + stay 6 nights at the hotel GARDEN RESORT

Departure Date: per person on a double basis

Sep 11, 2019
3809.00

Add taxes \$654.86 per person
Single supplement add - \$598.00

For information or book
Call your Travel Professional
905 303 0200
Toll-free 1 877 586 8747

VOLARE GROUP INC
9421 Jane St. Unit 121
Maple, Ontario, Canada
L6A 4H8

E-mail: virgil@volaregroupinc.com

www.pgtravel.ca/calabria-2019

