



# **CUBA SABE**

**II TALLER CULINARIO  
LA HABANA 2020**

**DEL 9 AL 11 DE ENERO**



**CUBA SABE  
II TALLER CULINARIO  
LA HABANA 2020**

CONTACT INFORMATION:

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THEMES:

**“REGIONAL CUBAN CUISINE FLAVOURS OF THE WEST, CENTER AND EAST OF THE ISLAND”  
“THE VISUAL ARTS ON THE TABLE”  
GUEST COUNTRY: ITALY**

# JOIN US ON A THREE DAY TOUR FOCUSED ON GASTRONOMY

## THURSDAY, JANUARY 9TH 2020

9:00-9:30AM

### Registration, Light Breakfast

Coffee & tea service accompanied by typical Cuban desserts & juices.

9:30-9:45AM

### Opening Welcome

9:45-10:30AM

### Opening Lecture.

Theme: Food Sovereignty

10:30-11:00am

### TASTING

Theme: Cuban products of small artisanal productions.

11:15-12:00PM

### Cooking Class

Theme: Italian influence in Cuban cuisine.

12:15-1:00PM

### Cooking Class

Theme: Italian influence in Cuban cuisine.

1:10-2:50PM

### Show Cooking – Lunch

Theme: Italian menu.

3:00-3:50PM

### Visual Arts

Workshop applied to gastronomy

4:00-4:15PM

### Opening of visual arts exhibit

Sales of Cuban books on Cuban cuisine

4:30-5:30PM

### Tasting with lecture

Theme: Italian products

5:30PM

### Live Cuban music concert

## FRIDAY, JANUARY 10TH, 2020

9:00-9:30AM

### Registration, Light Breakfast

Coffee & tea service accompanied by typical Cuban desserts & juices.

9:45-10:30AM

### Lecture

Theme: Cuban Casabe

10:30-11:00AM

### Tasting

Theme: Cuban Casabe

11:15-12:00PM

### Cooking Class

Theme: Cuisine of the central region of Cuba

12:15-1:00PM

### Cooking Class

Theme: Cuisine of the central region of Cuba

1:10-2:50PM

### Show Cooking – Lunch

Theme: Cuban Menu

3:00-3:50PM

### Visual Arts

Workshop applied to gastronomy

4:00-4:15PM

### Opening of Visual Arts Exhibit

Sales of Cuban books on Cuban cuisine

4:30-5:30PM

### Tasting with lecture

Theme: Typical Cuban dishes and beverages

5:30PM

### Live Cuban music concert

## SATURDAY, JANUARY 11TH, 2020

9:00-9:30AM

### Registration, Light Breakfast

Coffee & tea service accompanied by typical Cuban desserts & juices.

9:45-10:30AM

### Lecture

Theme: Cuban Chocolate

10:30-11:00AM

### Tasting

Theme: Cuban Casabe

11:15-12:00PM

### Cooking Class

Theme: Cuisine of the eastern region of Cuba

12:15-1:00PM

### Cooking Class

Theme: Cuban Desserts

1:10-2:50PM

### Show Cooking – Lunch

Theme: Cuban Menu

3:00-3:50PM

### Visual Arts

Workshop applied to gastronomy

4:00-4:15PM

### Opening of Visual Arts Exhibit

Sales of Cuban books on Cuban cuisine

4:30PM

### Tasting of Cuban Classics

### Closing and Live Cuban Music Concert

### CUBA SABE 2020 PACKAGES

PRICE PER PERSON IN USD (Include transfers IN & OUT)

1/2 DBL

SGL

PREMIUM PACKAGE - IBEROSTAR Grand Packard Hotel

\$ 1,320.00

\$ 1,670.00

DELUXE PACKAGE - IBEROSTAR Parque Central Hotel

\$ 1,095.00

\$ 1,320.00

VINTAGE PACKAGE - IBEROSTAR Habana Riviera Hotel

\$ 845.00

\$ 1020.00

**The cost of the packages includes:** 3 nights accommodation with breakfast plus credentials for participants in the three-day event



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